Initiatives Led By: Getting Together Killybegs (MHI)

The Donegal Garden G.N.O.M.E.S

The Donegal Garden G.N.O.M.E.S are a community garden group who grow fruit and vegetables organically. If you are interested in learning or sharing your skills, you are welcome to come along on Thursdays from 11.00am to 1.00pm weekly at the rear of the Bluestack Foundation building, The Glebe, Donegal Town. NB: (The local community bus provides transport at this time)

- Initiative Type
  - Community Food Growing Projects
- Location
  - Donegal
- Target Groups
  - People with mental health difficulties
- Funding
  Mental Health Ireland, part funded by Donegal Local Development

About Getting Together Killybegs (MHI)

Contact

- Address
  Bluestack Foundation Building
  The Glebe
  Donegal
  Co. Donegal

Community Food Growing Projects

Cherry Orchard Community Garden
Community garden project and allotments aims to increase community involvement, participation and activity in the locality. We have a number of family groups (parents and children) working together. It is a lot of fun and a great way to meet new people from the area, get out of the house a few hours a week and...

- **Location**
  - Dublin 10

**Food Garden Project**

The Food Garden Project is unique in bringing these two community groups together to work towards enhancing the participants’ understanding of nutrition, healthy eating and self-sufficiency through growing fruit and vegetables and developing cookery skills. The Food Garden Project’s aim is to support participants to grow, prepare and cook a range of fruit and vegetables...

- Part of the [Demonstration Programme 2010-2012](#)

- **Location**
  - Louth

**Healthy Eating Education Programme**

Many residents of the Mission are struggling to live on low incomes but still need to eat well and eat healthily. The East Belfast Mission Healthy Eating Education Programme provides healthy nutritious food for residents and ex-residents of their homeless shelter. This project also provides health and diet sessions and cookery demonstrations to residents and...

- Part of the [Demonstration Programme 2010-2012](#)
KASI Community Garden

KASI acquired a site from Killarney Parish for a community garden project. The community garden provides a form of activity through volunteerism for asylum seekers in direct provisions who are not allowed to work. The participants will focus on growing crops and developing the garden which will facilitate interaction between the target groups and…

- Part of the Demonstration Programme 2010-2012

Location
  - Antrim

Location
  - Kerry
WTID Community Garden

WTID rents allotments to members of the community which promotes grow your own.

- Location
  - Galway

Moville Community Garden

Promoting health both physical and mental in the community is part of the ethos of Moville FRC and the Community Garden is an important part of our programme. It encourages people to grow their own food and cook and eat healthily. An important aspect of the Community Garden is to promote neighbourliness, combat isolation and…

- Location
  - Donegal

WALK Community Garden

WALK operate a Community Garden in Dublin 12 which promotes the growing of fresh fruit, vegetable, salad leaves and flowers which change seasonally. The garden helps create a sense of community and advocates the benefits of growing healthy food, environmental awareness and sustainability. It offers an opportunities for people to take part in hand-on, activity…

- Location
  - Dublin 12

Westside Community Garden
The New Community Garden is a community initiative aiming to promote social inclusion and peoples participation in the community.

- **Location**
  - Galway

**Journeyman Programme Kitchen and Garden**

A new community kitchen and community garden are nearing the end of development. The area around the kitchen is designated for the community garden and is being developed this year. Running in conjunction with a school leavers programme, the garden will be an inclusive area for for young people with disabilities. The community kitchen is expected…

- **Location**
  - Tipperary

**The Glen Community Garden**

Established in 2009 as part of a broader Food Focus initiative to assist with local people and communities gaining access to quality fresh fruit and vegetables across the northside areas of Cork City. The group meet regularly throughout the year on Wednesday mornings in the grounds of The Glen Resource Centre from 11am to 1pm…
Location
- Cork
- Donegal

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Healthy Gardening

Helping Local People and Local Communities create a Healthier Environment The healthy gardening project is a ten week programme which runs in community gardens/allotments throughout the county in partnership with community development projects. The underpinning values of the approach taken are holistic in nature and cover the areas of individual and community health and wellbeing,…

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Cookery Demonstrations

Healthy Food Cookery Demonstrations
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- Location
  - Galway

WTID Nutrition and Cooking Classes

In partnership with the VEC WTID has delivered Nutrition Level 5 FETAC to a group of 24 learners, 4 being members of the Travelling community. This module was also delivered to 5 Childcare staff at WTIDs pre-school service. Staff of the Harmony Afterschool Service undertakes baking activities each week with the children. Group work has…

North Cork SCP Food Provision Programmes

We run many food provisions throughout our project including two very successful Breakfast Clubs. We run food programmes also during after schools and in our holiday time provisions.

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- **Location**
  - Donegal